

# August 2024 | West Rusk- Breakfast



## Announcements:

**WELCOME BACK!!!**

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday   |
|--|---|--|---|--|
|  <p><b>Bell Peppers</b><br/>           Season in Texas:<br/>           May - June; August - November<br/>           Did you know?<br/>           The longer a bell pepper is left to ripen, the sweeter it becomes</p> |   |                  |   |  |
| 5  | 6   | 7  | 8   | 9  |
| 12   | 13  | 14   | 15 CHICKEN BISCUIT<br>CEREAL- MUFFIN<br>PBJ- POPTARTS<br>GRAHAMS<br>FRUIT OR JUICE<br>MILK CHOICE | 16 SAUSAGE BISCUIT<br>CEREAL- MUFFIN<br>PBJ- POPTARTS<br>GOLDFISH<br>FRUIT OR JUICE<br>MILK CHOICE |
| 19 SAUSAGE BISCUIT<br>CEREAL- MUFFIN<br>PBJ- POPTARTS<br>GOLDFISH<br>FRUIT OR JUICE<br>MILK CHOICE   | 20 PANCAKE STICK<br>CEREAL- MUFFIN<br>PBJ- POPTARTS<br>GRAHAMS<br>FRUIT OR JUICE<br>MILK CHOICE | 21 BREAKFAST PIZZA<br>CEREAL- MUFFIN<br>PBJ- POPTARTS<br>GOLDFISH<br>FRUIT OR JUICE<br>MILK CHOICE | 22 GRILLED CHEESE<br>CEREAL- MUFFIN<br>PBJ- POPTARTS<br>GRAHAMS<br>FRUIT OR JUICE<br>MILK CHOICE  | 23 SAUSAGE BISCUIT<br>CEREAL- MUFFIN<br>PBJ- POPTARTS<br>GOLDFISH<br>FRUIT OR JUICE<br>MILK CHOICE |
| 26 SAUSAGE BISCUIT<br>CEREAL- MUFFIN<br>PBJ- POPTARTS<br>GOLDFISH<br>FRUIT OR JUICE<br>MILK CHOICE   | 27 FRENCH TOAST<br>CEREAL- MUFFIN<br>PBJ- POPTARTS<br>GRAHAMS<br>FRUIT OR JUICE<br>MILK CHOICE  | 28 BAGEL PIZZA<br>CEREAL- MUFFIN<br>PBJ- POPTARTS<br>GOLDFISH<br>FRUIT OR JUICE<br>MILK CHOICE     | 29 CHICKEN BISCUIT<br>CEREAL- MUFFIN<br>PBJ- POPTARTS<br>GRAHAMS<br>FRUIT OR JUICE<br>MILK CHOICE | 30 SAUSAGE BISCUIT<br>CEREAL- MUFFIN<br>PBJ- POPTARTS<br>GOLDFISH<br>FRUIT OR JUICE<br>MILK CHOICE |



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**



Food and Nutrition Division  
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 National School Lunch Program